

Beef Stew

1 lb boneless meat, cut in small bite size pieces
3-4 small potatoes (white, red, russet) scrubbed clean and cut into bite size pieces
3-4 large carrots (peeled & cut into bite size pieces)
 or small package fresh or frozen baby carrots
1 cup diced celery
1 lb fresh mushrooms washed & sliced or 1 small can mushrooms drained
Seasonings
1 Tbls dried parsley

Add all ingredients to slow cooker, add enough water to almost cover ingredients. Stir.
Cook on high approx 5 hours.

Alternative cooking method is to use pressure cooker. Stew done in 15-20 minutes.

Contributed by: Cheryl Schmit